



Fort Moore - Local Hazard Safety Orientation

*** We Are The Army's Home ***

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Fort Moore Safety Orientation Topics



Fort Moore Army Garrison

- Responsibilities
- Training
- Risk Management
- ATSTP - POVs / MCs
- Other Transportation
- On/Off Post Driving
- Weather
- Heat Injury Prevention
- Cold weather hazards
- Local Hazards
- 3Rs Unexploded Ordnance UXO
- Important Contact Information





Responsibilities



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AR 385-10, 1–5. General Army Safety Program Responsibilities

a. Soldiers and Department of the Army Civilians at all levels. Soldiers and DA Civilians at all levels will—

(1) Stop unsafe acts detrimental to Army operations.

(2) Be responsible for accident prevention by applying Risk Management.

(3) Comply with this regulation, the OSH Act, safety regulations, the Army Occupational Health Program, work practices, and standing operating procedures (SOPs).

(4) Use all personal protective equipment (PPE) and protective clothing provided, including seatbelts, according to training, hazard analyses, work instructions, and as required by the task at hand.

(5) Report Army accidents, near misses, and hazards in their workplace as soon as possible to their supervisor or leader.

(6) Employ RM in managing risk.

POC Information (i.e. Name, Directorate, Phone, Email, etc – as needed)





Required Safety Training



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- 1. Leaders Safety and Occupational Health Course** - Completed w/in 30 days of assignment - G-F107-DL

- 2. Risk Management Basic Course** - All IMCOM Military Completed w/in 30 days of assignment. Course 2G-F97-DL

- 3. Risk Management Civilian Basic Course** - All IMCOM Civilians - Completed w/in 30 days of assignment. Course 2G-F104-DL

- 4. Employee's Safety Course** - All IMCOM employees - Completed within first 30 days of assignment/employment.

- 5. USO Course All IMCOM USO** Within 30 days of being appointed.

- 6. Accident Reporting** - All IMCOM employees - Upon initial hire

- 7. Job Specific Hazards** - If the position has inherent, identified hazards, provide specific training. - Upon initial hire





Required Safety Training Cont.



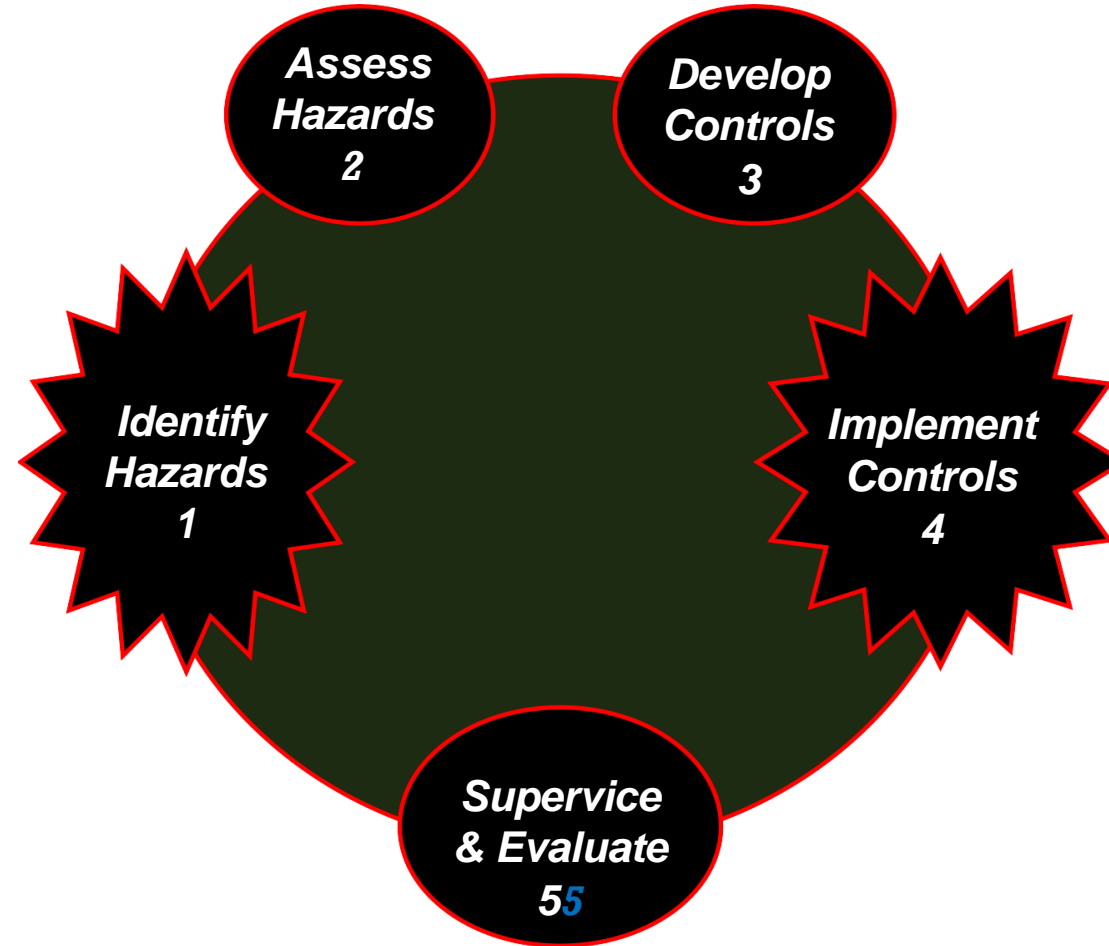
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Training is completed through ALMS via AKO. <https://www.lms.army.mil>

<https://safety.army.mil/TRAINING-COURSES/Online-Training>

Exemptions: If you have taken the ADSO, CDSO or Commanders Safety Course the requirement for CRM, Supervisors, Managers, Employees is fulfilled.





Use Risk Management to:

- ❑ *Conduct Workplace Hazard Analysis (WHA) -of all working environments*
- ❑ *Conduct Job Hazard Analysis (JHA) – Specific to each job performed*



Automobiles

- ❑ Intermediate Drivers Course (IDC)
All Soldiers less than 26 years old (includes non-drivers) must complete. (Classroom)
- ❑ Remedial Drivers Training (RDT)
Provides Army-approved driver improvement training to military and DA civilian due to high risk driving activity
- ❑ Vehicle specific training
Tactical vehicle drivers are required to complete training specific to the vehicle they operate (AR 600-55)

LINK: https://imc.army.mil/airs/usg_disclaimer.aspx

Motorcycles

- ❑ Basic Rider Course (BRC)
Prior to operation of PMV on or Off installation Soldiers must complete. (Classroom & Riding Course)
- ❑ Advanced Riders Course (ARC) *must be completed within 12 months after completion of the BRC*
- ❑ Motorcycle Remedial Training (MRT)
Required for any Soldier with a M endorsement on license and motorcycle and returning from deployment greater than 180 days



MOTORCYCLE PPE REQUIREMENTS

- ❑ *Helmet: Must be fastened under chin and meet DOT Safety Standard No. 218, Full and or half helmets*
- ❑ *Eye Protection: Impact and Shatter Resistant meeting or exceeding ANSI Z87.1 standards (Goggles, wraparound glasses or full-face shield)*
- ❑ *Footwear: Sturdy over-the ankle, durable leather or ballistic-type cloth athletics shoes*
- ❑ *Protective Clothing: Long-sleeved shirt or jacket, long trousers and full-fingered gloves or mittens. Reflective Vest is Optional*



Off road operations

- ❑ *Full-face Helmet w/ eye protection*
- ❑ *Protective clothing*
- ❑ *Knee pads*
- ❑ *Elbow pads*
- ❑ *Shin guards*
- ❑ *Padded full-fingered gloves*

ATV PPE REQUIREMENTS



- Full-face Helmet w/ eye protection*
- Protective clothing*
- Knee pads*
- Elbow pads*
- Shin guards*
- Padded full-fingered gloves*

Reference:

AR 358-10, Army Safety Program

MCoE PM 385-10-9, Fort Moore Motorcycle Safety Policy

Prior to tactical MC, ATV, and recreational off-highway vehicle operations, operators will be trained on the tactical operations and on the controls that have been implemented to mitigate hazards

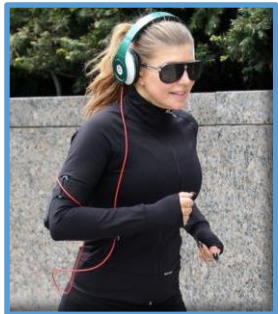
Bicycles - Traffic laws apply to persons riding bicycles.

- Helmet: Must be Department of Transportation (DOT) certified
- Day time - Wear high visibility upper body garments.
- Night time -
 - Must wear reflective garments visible at all times (Can not be covered)
 - Bike must be equipped with headlights and taillights.



Physical Training

- Joggers must wear a reflective vest or other reflective material
- Headphones/Earphones prohibited while jogging or walking.
- Construction areas : Avoid using construction areas as exercise route.
- Route Direction: Face traffic when using roadways.





Driving Requirements



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- It is the responsibility of each disciplined Soldier to ensure their personal vehicle is operated in a safe manner within the guidelines of state and local laws, as well as Army regulations.
- Seat belts must be worn while in a vehicle on or off a DOD installation.
- Car seats and booster seats must be utilized as required by state laws and post regulations
- Driving under the influence of alcohol is punishable under the UCMJ.
- Adult Legal limit is BAC Level .08 grams percent.
- Drivers under age 21 must comply with a more restrictive BAC level of 0.02 grams percent.
- **(O.C.G.A. 40-5-55:** Implied consent to chemical tests.)

Georgia Governor's Office of Highway Safety Traffic Data: **CONTACT PHONE** [\(404\) 656 6996](tel:4046566996) **Traffic Safety Performance (Core Outcome) Measures* For Georgia**
<https://www.gahighwaysafety.org/traffic-data/>





On Post Driving



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- When Passing formations
 - From Rear: - Wait for signal to pass - 10 MPH
 - From Front: - Pass with caution - 10 MPH

- Headphones will not be worn while driving, jogging or walking on roads, on bikes, or motorcycles (May be used on designated tracks)

- The use of cell phones and texting while driving are prohibited. If you need to talk or text on the phone, PULL OVER FIRST.

- Moving vehicles must yield to people in the crosswalk lane. Pedestrians will utilize crosswalks when crossing the street. Look for traffic before you walk.

- Seat belts will be worn at all times.

- Do not ever drink and drive. BAC in Georgia and Alabama is .08 BAC.





Off Post Driving



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- **Things to be mindful of:**
 - ❑ Speed Limits: Obey all speed posted speed limit signs
 - ❑ Lights and Stop signs: Always come to a complete stop (don't run red lights)
 - ❑ Turning: Always use your turn signals
 - ❑ Changing lanes:
 - *Always Use turn signals*
 - *Look over your shoulder before you get over*
 - *Never reduce speed*
 - ❑ Yield to merging vehicles: Don't hog the road

Things to watch out for

- ❑ Motorcycles: *Motorcycles will dodge through traffic*
- ❑ Busses: *Busses will merge and turn without warning*
- ❑ Overloaded trucks: *Over loaded trucks will drop items and react slowly*
- ❑ Extremely slow or fast drivers: *Not all drivers do the speed limit*
- ❑ Pedestrians: *Will dodge out in traffic to get across the road*
- ❑ Road Construction: *Can happen on any road without warning*



Spring/Summer

- High heat
- High winds
- Lightning



Fall/Winter

- Freezing Temperatures
- Sleet (minimal)
- Snow (minimal)





Summer Weather and Heat Injury Prevention



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Hazards: HEAT

- **H**igh heat category, especially several days in a row (measure wet-bulb globe temperature (WBGT) when ambient temperature is over 75° Fahrenheit (F)).
- **E**xertional level of training, especially several days in a row.

Acclimatization (and other individual risk factors – see below).

- **T**ime of exposure, to include nights and recovery time.

Work/Rest Times and Fluid Replacement Guide

Heat Category	WBGT Index, (°F)	Easy Work Walking on hard surface, 2.5 mph, < 30-lb. load; weapon maintenance, marksmanship training.		Moderate Work Patrolling, walking in sand, 2.5 mph, no load; calisthenics.		Hard Work Walking in sand, 2.5 mph with load; field assaults.	
		Work/Rest (minutes)	Fluid Intake (quarts/hour)	Work/Rest (minutes)	Fluid Intake (quarts/hour)	Work/Rest (minutes)	Fluid Intake (quarts/hour)
1	78° - 81.9°	NL	½	NL	¾	40/20 (70)*	¾ (1)*
2	82° - 84.9°	NL	½	50/10 (150)*	¾ (1)*	30/30 (65)*	1 (1¼)*
3	85° - 87.9°	NL	¾	40/20 (100)*	¾ (1)*	30/30 (55)*	1 (1¼)*
4	88° - 89.9°	NL	¾	30/30 (80)*	¾ (1¼)*	20/40 (50)*	1 (1¼)*
5	> 90°	50/10 (180)*	1	20/40 (70)*	1 (1¼)*	10/50 (45)*	1 (1½)*

Adherence to this guidance will result in sustained performance and hydration for at least 4 hours of work in the specified heat category. Fluid needs can vary based on individual differences (± ¼ qt/hr) and exposure to full sun or full shade (± ¼ qt/hr). Rest means minimal physical activity (sitting or standing) in the shade if possible. Body armor - add 5°F to WBGT index in humid climates. NBC (MOPP 4) - Add 10°F (Easy Work) or 20°F (Moderate or Hard Work) to WBGT Index. **CAUTION:** hourly fluid intake should not exceed 1½ qts. Daily fluid intake should not exceed 12 qts.

*Use the amounts in parentheses for continuous work when rest breaks are not possible. Leaders should ensure several hours of rest and rehydration time after continuous work.
NL = no limit to work time per hour.

Source: TB5071, AFPAM 48-152 (1) March 2003

- Drink plenty of water**
- Follow recommended work/rest cycles**
- Avoid heavy meals at lunch time**
- Maintain a well-balanced diet**
- Wear appropriate clothing for heat category**
- Use sunscreen**
- Once a heat casualty always a heat casualty**





Cold Weather Hazards



Driving

- ❑ *Check the weather forecast prior to driving*
- ❑ *Always leave enough space to allow stopping*
- ❑ *Apply brakes gently when going down hills*
- ❑ *Carry an emergency supply kit in your car*
- ❑ *keep cell phones charged*
- ❑ *Have emergency numbers handy*

Walking

- ❑ *Walk slowly*
- ❑ *Plant entire foot surface before you step off*
- ❑ *Dress in layers*
- ❑ *Wear shoes that have traction (Not high heels)*
- ❑ *Keep your cell phone charged*



Unexploded Ordnance UXO

- ❑ *3Rs Program*
- ❑ *Website for training material*

Driving Hazards

- ❑ *On post training*
- ❑ *Speeding*
- ❑ *Traffic*
- ❑ *Emergency Vehicles*
- ❑ *Wet/Icy Conditions*
- ❑ *Wildlife*



Unexploded Ordnance?



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What Is UXO?

As defined in 10 U.S.C. 101(e)(5)(A) through (C), the term “unexploded ordnance” means military munitions that:

- (A) Have been primed, fused, armed, or otherwise prepared for action;
- (B) Have been fired, dropped, launched, projected, or placed in such a manner as to constitute a hazard to operations, installations, personnel, or material; and
- (C) Remain unexploded, whether by malfunction, design, or any other cause.



Photos: Munitions that blend into the environment.





Unexploded Ordnance



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What To Do If You Encounter Munitions

Recognize - when you see a munition and that it is dangerous

Retreat - do not touch it, but carefully leave the area

Report - call local authorities to report what you saw





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Unexploded Ordnance



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Additional Resources

<https://3Rs.mil>

- General Educational Resource Materials (Posters, Safety Guides, Fact Sheets)
- Self-Guided 3Rs Training
- Gallery of Photos
- UXO Incidents
- Information for Kids & Families, Military & Their Families, Communities, and Workers
- Safety Clubhouse Games for Kids
- 3Rs Videos





Local Driving Hazards



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- Troops on roads and streets (on post)
- Operation Slowdown in Cantonment Areas – 0600 – 0730 (times may vary) for Physical Fitness Training
- Hazardous intersections (heavy traffic on I-185 and Victory Drive throughout the day).
Emergency vehicles U-turning on Hwy 27 near Sand Hill ACP and Upatoi Creek Bridge
- Intersection HWY 80 and HWY 280 in Phenix City, Alabama
- Weather conditions (rain/heavy rain, icy roads, overpass (bridge) may freeze before roadway, occasional snow)
- Wildlife crossing roadway: Deer, Wild Boar, Turkey, and other small animals (on post and rural areas)





Staff Contact Numbers



Fort Moore Army Garrison

MCoE Safety Office 6811 Vibbert Ave Building 18

USAG Safety Office 6436 Indianhead Road Building 2779

Safety Specialist - (706) 545-3267
Safety Specialist - (706) 545-8275
Safety Specialist - (706) 545-4010
Safety Specialist - (706) 545-8278
Safety Manager - (706) 545-0742
Safety Director - (706) 545-3268

Safety Specialist - (706) 545-8716
Safety Specialist - (706) 545-4812
Safety Specialist - (706) 545-3683
Safety Specialist - (706) 545-3676
Safety Specialist - (706) 545-4844
Safety Manager - (706) 545-8276





Important Contact Information



Fort Moore Army Garrison

ON POST

- Non-Emergency Services: 706-545-2221
- Post Information: 706-545-2011
- Environmental: 706-545-2180
- Preventative Medicine: 762-408- 3606
- Industrial Hygiene: 706-626-2958
- Occupational Health: 706-545-2186
- Emergency Services: 911

